

# Where to get tested?

**BANGOR PUBLIC HEALTH & COMMUNITY SERVICES**  
103 TEXAS AVE, BANGOR,  
ME, 04401  
(207)-992-4547

\*Incentives are available for HIV/Hep C testing while supplies last

**WABANAKI PUBLIC HEALTH & WELLNESS**  
304 HANCOCK STREET,  
BANGOR, ME, 04401  
(207)-299-6378

\*Incentives are available for HIV/Hep C testing while supplies last

**PCHC HOPE HOUSE CLINIC**  
179 CORPORATE DRIVE , BANGOR,  
ME, 04401  
(207)-404-8100

**MAINE FAMILY PLANNING BANGOR**  
68, MT HOPE AVE,  
BANGOR, ME, 04401  
(207)- 922-3222

**MABEL WADSWORTH**  
700 MT HOPE AVE,  
BANGOR, ME, 04401  
(207)-947-5337

# WHAT YOU NEED TO KNOW ABOUT HIV

## What is HIV?

HIV is a virus that attacks the body's immune system, and if left untreated, it can develop into AIDS

## How is HIV spread?

HIV is spread when someone has contact with body fluids of someone with untreated HIV through mucous membranes or an open wound.

These sources include:

- Blood (open wounds, shared injected/needle equipment)
- Semen (cum) and pre-seminal fluid (pre-cum)
- Rectal fluids
- Vaginal fluids
- Breast milk

# Resources

## HIV PREVENTION

Pre-Exposure Prophylaxis (PREP) is a medicine that reduces a person's risk of HIV. PREP is administered orally through pills or through injection. If you would like to get on PREP, please call your medical provider. If you do not have a medical provider, the following places offer PREP.

PCHC HOPE HOUSE CLINIC  
179 CORPORATE DRIVE ,  
BANGOR, ME, 04401  
(207)-404-8100

MAINE FAMILY PLANNING  
BANGOR  
68, MT HOPE AVE,  
BANGOR, ME, 04401  
(207)- 922-3222

## SYRINGE SERVICE PROGRAMS

WABANAKI PUBLIC HEALTH &  
WELNESS  
304 HANCOCK STREET,  
BANGOR, ME, 04401  
MON-FRI 8:30AM -4:30PM  
(207)-299-6378

NEEDLE POINT SANCTUARY OF  
MAINE  
1009 OHIO STREET, BANGOR,  
MAINE, 04401  
THURS &FRI 12PM-8PM  
SAT 12PM-5PM  
(207)-307-7588



## CASE MANAGEMENT SERVICES

The following organizations offer HIV case management services. Please call to schedule an appointment for an intake.

- **Bangor Public Health and Community Services (207)-992-4561**
- **Maine General Horizon Program (207)-248-0460 ext 3**
- **Community Choice Behavioral Health (207)-640-4400**

## ONE STOP SHOP AT WABANAKI PUBLIC HEALTH & WELLNESS

### Services offered include:

- Harm Reduction services
- Safe sex supplies
- HIV case management
- Immunization, STI & HIV testing, and wound care through Bangor Public Health on Mondays, Wednesdays, and Fridays, 12 PM-4 PM
- Referrals to medical and community services