



**You should get tested at least once a year. You should get tested every three months if:**

- You're a man who has had sex with another man.
- You've had anal or vaginal sex with someone who has HIV.
- You've had more than one sex partner since your last HIV test.
- You've shared needles, syringes, or other drug injection equipment such as cookers.
- You've exchanged sex for drugs.
- You've been diagnosed with or treated for another sexually transmitted infection, hepatitis, or tuberculosis(TB).
- You've had sex with someone who has done anything listed above or someone whose sexual history you do not know.

**Take action today!**

**Health  
is wealth**

